CARRIER INFORMATION 2023

ANTHEM MEDICAL INSURANCE:

- www.Anthem.com Member service 1- 833-578-4441
- Sydney Health mobile app available to find a doctor, urgent care, hospitals, emergency room & access your id card.

UHC MEDICAL INSURANCE:

- <u>www.myuhc.com</u> Member service 1-866-633-2446 & Care24 1-888-887-4114
- myUHC mobile app available to locate physicians, or facilities near you, manage your prescriptions, ID cards, estimate your health care and drug costs, check status of deductible and out of pocket spending, view claims, compare prices and find lower cost options.

PRESCRIPTIONS:

- www.Caremark.com Member service 1-888-202-1654
- **CVS/Caremark mobile app** available to refill/renew service prescriptions, check order status and view history, check drug coverage and costs under your plan, find local pharmacies in your plan's network, check for potential drug interactions among medications.

DENTAL INSURANCE:

- www.memberportal.com Member service 1-800-524-0149
- Delta Dental mobile app available to find a dentist, cost estimator, check your coverages and view claims.

VISION INSURANCE:

- www.vsp.com Member service 1-800-877-7195
- **VSP Vision Care on the Go mobile app** available to find a doctor, check your claims and benefits, rebates and special offers glasses, contacts and Lasik, eye care information and your member vision card.

EPC BASIC / VOLUNTARY LIFE INSURANCE:

Contact your District HR or Treasurer's office

WELLNESS FOR CONDITION MANAGEMENT & COACHING PROGRAMS:

- Anthem members ONLY www.lark.com You will need your ID card or call 1-866-962-1071
- UHC members ONLY www.enroll.realappeal.com
 You will need your ID card or call 1-800-478-1057

EMPLOYEE ASSISTANCE PROGRAM (EAP):

- <u>www.anthemeap.com</u> Enter Company code: SWOH EPC Or call 1-800-865-1044
- Available 24/7, 365 days a year for 3 FREE visits of Counseling services, Legal & Financial consultations, ID recovery, Dependent care & daily living resources, Crisis consultation and other anthemeap.com resources.

BENELOGIC:

- https://epc-online.benelogic.com
- Employee login (first name initial last name with last 4 of SSN) = jsmith1234
- If you have a qualifying status change, submit a change request to change your enrollments, view your change request history, upload documents, and view your current benefits.

MEDICARE/RETIREMENT BENEFITS:

- <u>www.retiremedIQ.com/epcschools</u> or Call 1-800-605-6525
- Before retirement, Medicare options, insurance benefit comparisons, etc.